

## N8 - Humber Heights - Westmount Profile: Adult Health and Disease

	Toronto			Humber Heights-Westmount			
	Males	Females	Both sexes	Males (95% CI)	Females (95% CI)	Both sexes (95% CI)	Rate Ratio**
<b>Demographics</b>							
Total Population Age 20-44 <sup>a</sup>	524,165	531,940	1,056,105	1,702	1,725	3,427	
Total Population Age 45-64 <sup>a</sup>	282,668	305,984	588,652	1,019	1,118	2,137	
Total Population Age 65+ <sup>a</sup>	167,731	226,843	394,574	1,051	1,538	2,589	
<b>Chronic Illness - Physician Visits (2001-2003)</b>							
<b>Diabetes <sup>c</sup></b>							
% With diabetes - Age 45-64	13.8	11.2	12.5	12.2 (10.2-14.1)	9.9 (8.2-11.6)	11.0 (9.7-12.3)	0.88 L
% With diabetes - Age 65+	22.7	19.2	20.7	20.9 (18.4-23.4)	16.0 (14.1-17.8)	18.0 (16.5-19.5)	0.87 L
% With diabetes - Age Adjusted <sup>†</sup>	16.9	14.4	15.6	15.0 (13.5-16.5)	12.1 (10.9-13.4)	13.5 (12.5-14.4)	0.86 L
<b>Arthritis / Rheumatism <sup>a±</sup></b>							
% With arthritis/rheumatism - Age 45-64	12.7	19.0	16.0	12.7 (10.7-14.7)	18.9 (16.7-21.1)	16.0 (14.5-17.5)	1.00 NS
% With arthritis/rheumatism - Age 65+	18.1	24.6	21.8	19.2 (16.8-21.6)	23.9 (21.7-26.0)	22.0 (20.3-23.6)	1.01 NS
% With arthritis/rheumatism - Age Adjusted <sup>†</sup>	14.6	21.3	18.2	14.8 (13.2-16.3)	20.6 (19.0-22.2)	17.9 (16.8-19.0)	0.99 NS
<b>Asthma <sup>a±</sup></b>							
% With asthma - Age 20-44	2.1	2.8	2.4	1.9 (1.3-2.6)	3.3 (2.5-4.1)	2.6 (2.1-3.2)	1.07 NS
% With asthma - Age 45-64	2.3	3.6	3.0	2.5 (1.5-3.4)	3.6 (2.6-4.7)	3.1 (2.4-3.8)	1.02 NS
% With asthma - Age Adjusted <sup>†</sup>	2.2	3.1	2.6	2.1 (1.5-2.6)	3.4 (2.7-4.0)	2.7 (2.3-3.2)	1.04 NS
<b>High Blood Pressure <sup>a±</sup></b>							
% With high blood pressure - Age 45-64	18.5	21.0	19.8	20.1 (17.7-22.5)	22.0 (19.7-24.4)	21.1 (19.4-22.8)	1.07 NS
% With high blood pressure - Age 65+	33.0	38.2	36.0	35.9 (33.0-38.9)	37.1 (34.6-39.5)	36.6 (34.7-38.5)	1.02 NS
% With high blood pressure - Age Adjusted <sup>†</sup>	23.6	28.0	25.9	25.2 (23.3-27.0)	27.4 (25.7-29.0)	26.4 (25.1-27.6)	1.02 NS
<b>Heart Disease <sup>a±</sup></b>							
% With heart disease - Age 45-64	6.1	3.2	4.5	7.7 (6.1-9.3)	3.3 (2.3-4.3)	5.4 (4.5-6.3)	1.19 NS
% With heart disease - Age 65+	18.7	11.8	14.7	17.5 (15.2-19.9)	12.3 (10.6-14)	14.4 (13.0-15.8)	0.98 NS
% With heart disease - Age Adjusted <sup>†</sup>	10.5	6.7	8.4	10.9 (9.6-12.2)	6.7 (5.8-7.5)	8.6 (7.9-9.4)	1.03 NS
<b>Stroke <sup>a±</sup></b>							
% With a stroke - Age 45-64	0.7	0.5	0.6	1.1 (0.5-1.8)	0.8 (0.3-1.3)	0.9 (0.5-1.3)	1.54 NS
% With a stroke - Age 65+	3.9	3.2	3.5	4.1 (2.8-5.3)	3.4 (2.5-4.3)	3.7 (2.9-4.4)	1.04 NS
% With a stroke - Age Adjusted <sup>†</sup>	1.8	1.6	1.7	2.1 (1.5-2.7)	1.7 (1.3-2.2)	1.9 (1.5-2.3)	1.11 NS

CI - Confidence Interval

H/L/NS- chances are 19 in 20 that the rate is higher (H) or lower (L) or not significantly (NS) different than the aggregate (city) rate.

± Numerator: prevalence based on 2 or more visits to a

a Denominator: Ontario Ministry of Health and Long-Term Care Registered Persons' Database, population with at least 1 health claim in the previous three years.

c The Ontario Diabetes Database (ODD) was used to abstract people with diabetes. In this dataset, diabetes diagnosis is based on an algorithm using either at least 2 physician visits (MOHLTC) or at least 1 hospitalization (CIHI) within two years.

† Rates for Toronto are used as a reference and are not age-adjusted.

\*\* Rate ratios for both sexes were created by dividing the local area rate by the City of Toronto aggregate rate.

For information about definitions, data quality & limitations, and selection & preparation of variables, please go to <http://www.torontohealthprofiles.ca/aboutTheData.php>

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<b>Demographics</b>							
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Total Population Age 65+ <sup>a</sup>	167,731	226,843	394,574	1,051	1,538	2,589	
<b>Mental Health - Physician Visits <sup>as</sup> (2001-2003)</b>							
% With mental health visits - Age 20-44	12.3	18.2	15.3	13.6 (11.9-15.2)	19.8 (17.9-21.6)	16.7 (15.4-17.9)	1.09 H
% With mental health visits - Age 45-64	15.8	21.9	18.9	15.6 (13.4-17.7)	23.7 (21.3-26.1)	19.9 (18.2-21.5)	1.05 NS
% With mental health visits - Age 65+	13.6	16.9	15.5	11.4 (9.4-13.3)	19.0 (17.0-21.0)	15.9 (14.4-17.3)	1.03 NS
% With mental health visits - Age Adjusted <sup>†</sup>	13.6	19.0	16.4	13.7 (12.6-14.8)	20.8 (19.5-22.0)	17.4 (16.5-18.2)	1.06 H
<b>Disability (2001)</b>							
<b>Activity Limitation- Working Age, population Aged 15+ <sup>d</sup></b>							
Persons in households - Age 15-44	557,130	577,630	1,134,945	1,880	1,760	3,635	
% With activity difficulties/reductions - Age 15-44	8.2	8.3	8.3	4.0 (3.1-4.9)	5.4 (4.3-6.5)	4.5 (3.9-5.2)	0.54 L
Persons in households - Age 45-64	258,855	292,285	550,985	975	1,260	2,260	
% With activity difficulties/reductions - Age 45-64	19.5	23.3	21.5	24.1 (21.4-26.8)	25.8 (23.4-28.2)	25.0 (23.2-26.8)	1.16 H
Persons in households - Age 65+	137,470	181,215	318,570	935	1,430	2,370	
% With activity difficulties/reductions - Age 65+	49.1	53.9	51.9	47.1 (43.9-50.3)	54.9 (52.3-57.5)	51.1 (49-53.1)	0.98 NS
% With activity difficulties/reductions - Age adjusted <sup>†</sup>	15.1	17.7	16.5	15.7 (14.7-16.7)	19.6 (18.6-20.6)	17.8 (17.1-18.5)	1.08 H

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<sup>±</sup> Numerator: prevalence based on 2 or more visits to a physician in two years.

<sup>a</sup> Denominator: Ontario Ministry of Health and Long-Term Care Registered Persons' Database, population with at least 1 health claim in the previous three years.

<sup>d</sup> Data Source: 2001 Canada Census. This question was presented to a 20% sample of the total, non-institutional population.

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