

N99 – Mount Pleasant East Profile: Adult Health and Disease

Indicators	City of Toronto			Toronto Central LHIN			Mount Pleasant East			
	Males	Females	Both sexes	Males	Females	Both sexes	Males (95% CI)	Females (95% CI)	Both sexes (95% CI)	Rate Ratio**
Demographics										
Total Population Age 20-44 ^a	506,292	540,690	1,046,982	233,936	246,266	480,202	2,829	3,311	6,140	
Total Population Age 45-64 ^a	333,668	352,666	686,334	148,346	150,677	299,023	1,918	2,344	4,262	
Total Population Age 65+ ^a	159,165	214,701	373,866	62,620	85,996	148,616	786	1,306	2,092	
Chronic Illness (2007)										
Diabetes ^{a±}										
% With diabetes Age 20-44	2.7	2.6	2.7	2.3	2.1	2.2	1.6 (1.1-2.1)	1.4 (1.0-1.9)	1.5 (1.2-1.8)	0.56 L
% With diabetes Age 45-64	14.4	11.9	13.1	11.7	9.8	10.7	7.3 (6.1-8.5)	5.9 (4.9-6.8)	6.5 (5.8-7.3)	0.50 L
% With diabetes Age 65+	30.6	25.7	27.8	28.2	23.8	25.7	20.1 (17.3-22.9)	16.3 (14.3-18.3)	17.7 (16.1-19.4)	0.64 L
% With diabetes Age-Adjusted †	11.1	10.0	10.5	9.1	8.4	9.0	6.4 (5.7-7.0)	5.7 (5.2-6.2)	6.0 (5.6-6.4)	0.57 L
Asthma ^{a±}										
% With asthma Age 20-44	9.2	10.2	9.7	9.4	11.0	10.2	10.2 (9.1-11.3)	11.0 (9.9-12.1)	10.6 (9.8-11.4)	1.09 H
% With asthma Age 45-64	8.1	12.3	10.2	8.3	12.8	10.6	7.5 (6.3-8.6)	11.9 (10.6-13.2)	9.9 (9.0-10.8)	0.97 NS
% With asthma Age-Adjusted †	9.7	10.2	9.9	10.2	10.6	10.3	9.4 (8.6-10.3)	11.5 (10.7-12.4)	10.5 (9.9-11.1)	1.06 NS
High Blood Pressure ^{a±}										
% With high blood pressure Age 20-44	5.0	3.8	4.4	4.6	3.3	3.9	4.6 (3.8-5.3)	3.3 (2.7-3.9)	3.9 (3.4-4.4)	0.89 NS
% With high blood pressure Age 45-64	27.8	27.7	27.7	25.2	24.6	24.9	24.2 (22.3-26.2)	19.4 (17.8-21.0)	21.6 (20.3-22.8)	0.78 L
% With high blood pressure Age 65+	66.4	70.3	68.6	64.3	68.5	66.8	60.6 (57.1-64.0)	60.5 (57.8-63.1)	60.5 (58.4-62.6)	0.88 L
% With high blood pressure Age-Adjusted †	22.4	24.3	23.4	19.9	21.6	20.8	19.7 (18.8-20.6)	19.2 (18.5-20.0)	19.5 (18.9-20.0)	0.83 L
Mental Health ^{a±}										
% With mental health visits Age 20-44	9.4	12.8	11.1	10.1	13.2	11.7	8.8 (7.8-9.9)	11.7 (10.6-12.8)	10.4 (9.6-11.1)	0.94 NS
% With mental health visits Age 45-64	12.2	16.4	14.3	13.4	17.5	15.5	10.9 (9.5-12.3)	16.4 (14.9-17.9)	13.9 (12.9-15.0)	0.97 NS
% With mental health visits Age 65+	11.4	14.0	12.9	11.6	14.8	13.5	10.9 (8.8-13.1)	14.6 (12.7-16.5)	13.2 (11.8-14.7)	1.02 NS
% With mental health visits Age-Adjusted †	10.6	14.2	12.5	11.4	14.9	13.2	9.8 (9.0-10.6)	13.7 (12.9-14.5)	11.9 (11.3-12.4)	0.95 L

CI Confidence Interval.

H / L / NS Chances are at least 19 in 20 that the rate is higher (H) or lower (L) than the City of Toronto rate ($p < 0.05$). Rates marked not significantly (NS) different do not reach this level of significance.

^a Denominator: Ontario Ministry of Health and Long-Term Care Registered Persons' Database, population with at least 1 health claim in the previous three years.

[±] Numerator: derived from validated, disease registries maintained by the [Institute for Clinical Evaluative Sciences \(ICES\)](#). Community Health Centre (CHC) visits and non-OHIP claims are not available. Mental health conditions are defined by the occurrence of a doctor's visit for a symptom related to mental health.

****** Rate ratios for both sexes were created by dividing the local area rate by the City of Toronto aggregate rate.

† Rates for City of Toronto and Toronto Central LHIN are used as a reference and are not age-adjusted.

For information about definitions, data quality & limitations, and selection & preparation of variables, please go to: <http://www.torontohealthprofiles.ca/aboutTheData.php>

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Demographics										
Total Population Age 35-64 ^a	559,476	579,281	1,138,757	254,843	252,503	507,346	3,379	3,936	7,315	
Total Population Age 65+ ^a	159,165	214,701	373,866	62,620	85,996	148,616	786	1,306	2,092	
Chronic Illness (2007)										
Chronic Obstructive Pulmonary Disease (COPD) ^{a±}										
% With COPD Age 35-64	5.4	4.6	5.0	8.3	7.2	7.8	3.8 (3.2-4.5)	4.1 (3.4-4.7)	4.0 (3.5-4.4)	0.80 L
% With COPD Age 65+	23.3	17.6	20.0	28.2	23.8	25.7	18.6 (15.9-21.3)	15.6 (13.7-17.6)	16.7 (15.1-18.3)	0.84 L
% With COPD Age-Adjusted [†]	9.3	8.1	8.7	12.3	11.4	11.8	7.2 (6.4-8.0)	7.2 (6.5-7.9)	7.2 (6.7-7.7)	0.83 L

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