

## N84 – Little Portugal Profile: Adult Health and Disease

Indicators	City of Toronto			Toronto Central LHIN			Little Portugal			
	Males	Females	Both sexes	Males	Females	Both sexes	Males (95% CI)	Females (95% CI)	Both sexes (95% CI)	Rate Ratio**
<b>Demographics</b>										
Total Population Age 20-44 <sup>a</sup>	506,292	540,690	1,046,982	233,936	246,266	480,202	2,792	2,713	5,505	
Total Population Age 45-64 <sup>a</sup>	333,668	352,666	686,334	148,346	150,677	299,023	1,537	1,449	2,986	
Total Population Age 65+ <sup>a</sup>	159,165	214,701	373,866	62,620	85,996	148,616	814	1,017	1,831	
<b>Chronic Illness (2007)</b>										
<b>Diabetes <sup>a±</sup></b>										
% With diabetes Age 20-44	2.7	2.6	2.7	2.3	2.1	2.2	2.0 (1.5-2.5)	1.8 (1.3-2.3)	1.9 (1.6-2.3)	0.70 L
% With diabetes Age 45-64	14.4	11.9	13.1	11.7	9.8	10.7	15.2 (13.4-17.0)	15.4 (13.5-17.2)	15.3 (14.0-16.6)	1.17 H
% With diabetes Age 65+	30.6	25.7	27.8	28.2	23.8	25.7	37.6 (34.3-40.9)	37.4 (34.4-40.3)	37.5 (35.2-39.7)	1.35 H
% With diabetes Age-Adjusted †	11.1	10.0	10.5	9.1	8.4	9.0	12.1 (11.3-12.9)	13.0 (12.1-13.8)	12.6 (12.0-13.2)	1.20 H
<b>Asthma <sup>a±</sup></b>										
% With asthma Age 20-44	9.2	10.2	9.7	9.4	11.0	10.2	9.6 (8.5-10.7)	11.4 (10.2-12.6)	10.5 (9.7-11.3)	1.08 NS
% With asthma Age 45-64	8.1	12.3	10.2	8.3	12.8	10.6	8.4 (7.0-9.8)	13.9 (12.1-15.7)	11.1 (9.9-12.2)	1.09 NS
% With asthma Age-Adjusted †	9.7	10.2	9.9	10.2	10.6	10.3	9.2 (8.4-10.1)	12.4 (11.4-13.4)	10.9 (10.2-11.5)	1.10 H
<b>High Blood Pressure <sup>a±</sup></b>										
% With high blood pressure Age 20-44	5.0	3.8	4.4	4.6	3.3	3.9	3.8 (3.1-4.5)	3.0 (2.3-3.6)	3.4 (2.9-3.9)	0.77 L
% With high blood pressure Age 45-64	27.8	27.7	27.7	25.2	24.6	24.9	24.9 (22.7-27.0)	32.4 (30.0-34.8)	28.5 (26.9-30.1)	1.03 NS
% With high blood pressure Age 65+	66.4	70.3	68.6	64.3	68.5	66.8	72.2 (69.2-75.3)	79.8 (77.4-82.3)	76.5 (74.5-78.4)	1.12 H
% With high blood pressure Age-Adjusted †	22.4	24.3	23.4	19.9	21.6	20.8	21.7 (20.8-22.6)	27.1 (26.2-28.1)	24.6 (23.9-25.2)	1.05 H
<b>Mental Health <sup>a±</sup></b>										
% With mental health visits Age 20-44	9.4	12.8	11.1	10.1	13.2	11.7	10.2 (9.1-11.3)	13.1 (11.9-14.4)	11.6 (10.8-12.5)	1.05 NS
% With mental health visits Age 45-64	12.2	16.4	14.3	13.4	17.5	15.5	15.0 (13.2-16.8)	20.7 (18.6-22.8)	17.8 (16.4-19.2)	1.24 H
% With mental health visits Age 65+	11.4	14.0	12.9	11.6	14.8	13.5	11.8 (9.6-14.0)	19.1 (16.7-21.5)	15.8 (14.2-17.5)	1.22 H
% With mental health visits Age-Adjusted †	10.6	14.2	12.5	11.4	14.9	13.2	12.0 (11.1-12.9)	16.7 (15.7-17.7)	14.5 (13.8-15.2)	1.16 H

**CI** Confidence Interval.

**H / L / NS** Chances are at least 19 in 20 that the rate is higher (H) or lower (L) than the City of Toronto rate ( $p < 0.05$ ). Rates marked not significantly (NS) different do not reach this level of significance.

<sup>a</sup> Denominator: Ontario Ministry of Health and Long-Term Care Registered Persons' Database, population with at least 1 health claim in the previous three years.

<sup>±</sup> Numerator: derived from validated, disease registries maintained by the [Institute for Clinical Evaluative Sciences \(ICES\)](#). Community Health Centre (CHC) visits and non-OHIP claims are not available. Mental health conditions are defined by the occurrence of a doctor's visit for a symptom related to mental health.

**\*\*** Rate ratios for both sexes were created by dividing the local area rate by the City of Toronto aggregate rate.

**†** Rates for City of Toronto and Toronto Central LHIN are used as a reference and are not age-adjusted.

For information about definitions, data quality & limitations, and selection & preparation of variables, please go to: <http://www.torontohealthprofiles.ca/aboutTheData.php>

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<b>Demographics</b>										
Total Population Age 35-64 <sup>a</sup>	559,476	579,281	1,138,757	254,843	252,503	507,346	2,781	2,500	5,281	
Total Population Age 65+ <sup>a</sup>	159,165	214,701	373,866	62,620	85,996	148,616	814	1,017	1,831	
<b>Chronic Illness (2007)</b>										
<b>Chronic Obstructive Pulmonary Disease (COPD) <sup>a±</sup></b>										
% With COPD Age 35-64	5.4	4.6	5.0	8.3	7.2	7.8	7.7 (6.7-8.7)	5.4 (4.5-6.2)	6.6 (5.9-7.3)	1.32 H
% With COPD Age 65+	23.3	17.6	20.0	28.2	23.8	25.7	33.9 (30.7-37.2)	18.2 (15.8-20.6)	25.2 (23.2-27.2)	1.26 H
% With COPD Age-Adjusted †	9.3	8.1	8.7	12.3	11.4	11.8	13.8 (12.8-14.9)	9.0 (8.1-9.9)	11.3 (10.6-12.0)	1.30 H

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