

N8 – Humber Heights-Westmount Profile: Adult Health and Disease

Indicators	City of Toronto			Toronto Central LHIN			Humber Heights-Westmount			
	Males	Females	Both sexes	Males	Females	Both sexes	Males (95% CI)	Females (95% CI)	Both sexes (95% CI)	Rate Ratio**
Demographics										
Total Population Age 20-44 ^a	506,292	540,690	1,046,982	233,936	246,266	480,202	1,521	1,699	3,220	
Total Population Age 45-64 ^a	333,668	352,666	686,334	148,346	150,677	299,023	1,240	1,340	2,580	
Total Population Age 65+ ^a	159,165	214,701	373,866	62,620	85,996	148,616	1,021	1,671	2,692	
Chronic Illness (2007)										
Diabetes ^{a±}										
% With diabetes Age 20-44	2.7	2.6	2.7	2.3	2.1	2.2	2.0 (1.3-2.7)	2.9 (2.1-3.7)	2.5 (1.9-3.0)	0.93 NS
% With diabetes Age 45-64	14.4	11.9	13.1	11.7	9.8	10.7	14.6 (12.6-16.6)	10.4 (8.7-12.0)	12.4 (11.1-13.7)	0.95 NS
% With diabetes Age 65+	30.6	25.7	27.8	28.2	23.8	25.7	30.0 (27.2-32.8)	25.8 (23.7-27.9)	27.4 (25.7-29.1)	0.99 NS
% With diabetes Age-Adjusted †	11.1	10.0	10.5	9.1	8.4	9.0	10.4 (9.5-11.2)	9.4 (8.7-10.2)	9.9 (9.3-10.4)	0.94 L
Asthma ^{a±}										
% With asthma Age 20-44	9.2	10.2	9.7	9.4	11.0	10.2	9.0 (7.6-10.4)	10.3 (8.9-11.7)	9.7 (8.7-10.7)	1.00 NS
% With asthma Age 45-64	8.1	12.3	10.2	8.3	12.8	10.6	7.7 (6.3-9.2)	12.1 (10.3-13.8)	10.0 (8.8-11.2)	0.98 NS
% With asthma Age-Adjusted †	9.7	10.2	9.9	10.2	10.6	10.3	8.6 (7.6-9.7)	11.0 (9.8-12.1)	9.8 (9.1-10.6)	0.99 NS
High Blood Pressure ^{a±}										
% With high blood pressure Age 20-44	5.0	3.8	4.4	4.6	3.3	3.9	5.7 (4.5-6.8)	5.7 (4.6-6.7)	5.7 (4.9-6.4)	1.30 H
% With high blood pressure Age 45-64	27.8	27.7	27.7	25.2	24.6	24.9	29.6 (27.1-32.1)	26.4 (24.1-28.8)	27.9 (26.2-29.7)	1.01 NS
% With high blood pressure Age 65+	66.4	70.3	68.6	64.3	68.5	66.8	73.6 (70.9-76.3)	73.4 (71.2-75.5)	73.4 (71.8-75.1)	1.07 H
% With high blood pressure Age-Adjusted †	22.4	24.3	23.4	19.9	21.6	20.8	24.0 (22.9-25.1)	24.6 (23.6-25.5)	24.3 (23.6-25.0)	1.04 H
Mental Health ^{a±}										
% With mental health visits Age 20-44	9.4	12.8	11.1	10.1	13.2	11.7	9.6 (8.1-11.1)	15.7 (13.9-17.4)	12.8 (11.6-13.9)	1.15 H
% With mental health visits Age 45-64	12.2	16.4	14.3	13.4	17.5	15.5	11.2 (9.5-13.0)	17.9 (15.9-20.0)	14.7 (13.3-16.1)	1.03 NS
% With mental health visits Age 65+	11.4	14.0	12.9	11.6	14.8	13.5	11.9 (9.9-13.8)	14.6 (12.9-16.3)	13.6 (12.3-14.9)	1.05 NS
% With mental health visits Age-Adjusted †	10.6	14.2	12.5	11.4	14.9	13.2	10.5 (9.5-11.5)	16.1 (15.0-17.2)	13.5 (12.7-14.2)	1.08 H

CI Confidence Interval.

H / L / NS Chances are at least 19 in 20 that the rate is higher (H) or lower (L) than the City of Toronto rate ($p < 0.05$). Rates marked not significantly (NS) different do not reach this level of significance.

^a Denominator: Ontario Ministry of Health and Long-Term Care Registered Persons' Database, population with at least 1 health claim in the previous three years.

[±] Numerator: derived from validated, disease registries maintained by the [Institute for Clinical Evaluative Sciences \(ICES\)](#). Community Health Centre (CHC) visits and non-OHIP claims are not available. Mental health conditions are defined by the occurrence of a doctor's visit for a symptom related to mental health.

** Rate ratios for both sexes were created by dividing the local area rate by the City of Toronto aggregate rate.

† Rates for City of Toronto and Toronto Central LHIN are used as a reference and are not age-adjusted.

For information about definitions, data quality & limitations, and selection & preparation of variables, please go to: <http://www.torontohealthprofiles.ca/aboutTheData.php>

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Demographics										
Total Population Age 35-64 ^a	559,476	579,281	1,138,757	254,843	252,503	507,346	1,971	2,147	4,118	
Total Population Age 65+ ^a	159,165	214,701	373,866	62,620	85,996	148,616	1,021	1,671	2,692	
Chronic Illness (2007)										
Chronic Obstructive Pulmonary Disease (COPD) ^{a±}										
% With COPD Age 35-64	5.4	4.6	5.0	8.3	7.2	7.8	5.7 (4.7-6.8)	4.8 (3.9-5.7)	5.2 (4.6-5.9)	1.04 NS
% With COPD Age 65+	23.3	17.6	20.0	28.2	23.8	25.7	24.3 (21.7-26.9)	17.4 (15.5-19.2)	20.0 (18.5-21.5)	1.00 NS
% With COPD Age-Adjusted [†]	9.3	8.1	8.7	12.3	11.4	11.8	9.5 (8.5-10.4)	7.8 (7.0-8.6)	8.6 (8.0-9.2)	0.99 NS

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