

## N58 – Old East York Profile: Adult Health and Disease

Indicators	City of Toronto			Toronto Central LHIN			Old East York			
	Males	Females	Both sexes	Males	Females	Both sexes	Males (95% CI)	Females (95% CI)	Both sexes (95% CI)	Rate Ratio**
<b>Demographics</b>										
Total Population Age 20-44 <sup>a</sup>	506,292	540,690	1,046,982	233,936	246,266	480,202	1,560	1,670	3,230	
Total Population Age 45-64 <sup>a</sup>	333,668	352,666	686,334	148,346	150,677	299,023	1,275	1,406	2,681	
Total Population Age 65+ <sup>a</sup>	159,165	214,701	373,866	62,620	85,996	148,616	606	856	1,462	
<b>Chronic Illness (2007)</b>										
<b>Diabetes <sup>a±</sup></b>										
% With diabetes Age 20-44	2.7	2.6	2.7	2.3	2.1	2.2	1.9 (1.2-2.6)	2.9 (2.1-3.7)	2.4 (1.9-2.9)	0.89 NS
% With diabetes Age 45-64	14.4	11.9	13.1	11.7	9.8	10.7	11.6 (9.8-13.4)	9.7 (8.2-11.3)	10.6 (9.5-11.8)	0.81 L
% With diabetes Age 65+	30.6	25.7	27.8	28.2	23.8	25.7	32.3 (28.6-36.1)	24.6 (21.8-27.5)	27.8 (25.5-30.1)	1.00 NS
% With diabetes Age-Adjusted †	11.1	10.0	10.5	9.1	8.4	9.0	9.9 (9.0-10.8)	9.1 (8.3-10.0)	9.5 (8.9-10.1)	0.90 L
<b>Asthma <sup>a±</sup></b>										
% With asthma Age 20-44	9.2	10.2	9.7	9.4	11.0	10.2	12.5 (10.9-14.1)	14.7 (13.0-16.4)	13.6 (12.4-14.8)	1.40 H
% With asthma Age 45-64	8.1	12.3	10.2	8.3	12.8	10.6	10.8 (9.1-12.5)	15.1 (13.3-17.0)	13.1 (11.8-14.4)	1.28 H
% With asthma Age-Adjusted †	9.7	10.2	9.9	10.2	10.6	10.3	12.1 (10.8-13.3)	15.2 (13.9-16.5)	13.7 (12.8-14.6)	1.38 H
<b>High Blood Pressure <sup>a±</sup></b>										
% With high blood pressure Age 20-44	5.0	3.8	4.4	4.6	3.3	3.9	5.5 (4.4-6.6)	4.4 (3.4-5.4)	5.0 (4.2-5.7)	1.14 NS
% With high blood pressure Age 45-64	27.8	27.7	27.7	25.2	24.6	24.9	26.4 (24.0-28.9)	27.1 (24.8-29.4)	26.8 (25.1-28.5)	0.97 NS
% With high blood pressure Age 65+	66.4	70.3	68.6	64.3	68.5	66.8	69.8 (66.1-73.5)	71.1 (68.1-74.2)	70.6 (68.3-72.9)	1.03 NS
% With high blood pressure Age-Adjusted †	22.4	24.3	23.4	19.9	21.6	20.8	22.5 (21.4-23.6)	24.3 (23.3-25.4)	23.5 (22.7-24.2)	1.00 NS
<b>Mental Health <sup>a±</sup></b>										
% With mental health visits Age 20-44	9.4	12.8	11.1	10.1	13.2	11.7	11.3 (9.7-12.9)	14.8 (13.1-16.5)	13.1 (11.9-14.3)	1.18 H
% With mental health visits Age 45-64	12.2	16.4	14.3	13.4	17.5	15.5	11.3 (9.6-13.0)	19.6 (17.5-21.6)	15.6 (14.3-17.0)	1.09 NS
% With mental health visits Age 65+	11.4	14.0	12.9	11.6	14.8	13.5	10.9 (8.4-13.4)	13.6 (11.3-15.8)	12.4 (10.8-14.1)	0.96 NS
% With mental health visits Age-Adjusted †	10.6	14.2	12.5	11.4	14.9	13.2	11.1 (10.1-12.2)	16.0 (14.8-17.1)	13.7 (12.9-14.5)	1.10 H

**CI** Confidence Interval.

**H / L / NS** Chances are at least 19 in 20 that the rate is higher (H) or lower (L) than the City of Toronto rate ( $p < 0.05$ ). Rates marked not significantly (NS) different do not reach this level of significance.

<sup>a</sup> Denominator: Ontario Ministry of Health and Long-Term Care Registered Persons' Database, population with at least 1 health claim in the previous three years.

<sup>±</sup> Numerator: derived from validated, disease registries maintained by the [Institute for Clinical Evaluative Sciences \(ICES\)](#). Community Health Centre (CHC) visits and non-OHIP claims are not available. Mental health conditions are defined by the occurrence of a doctor's visit for a symptom related to mental health.

**\*\*** Rate ratios for both sexes were created by dividing the local area rate by the City of Toronto aggregate rate.

**†** Rates for City of Toronto and Toronto Central LHIN are used as a reference and are not age-adjusted.

For information about definitions, data quality & limitations, and selection & preparation of variables, please go to: <http://www.torontohealthprofiles.ca/aboutTheData.php>

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<b>Demographics</b>										
Total Population Age 35-64 <sup>a</sup>	559,476	579,281	1,138,757	254,843	252,503	507,346	2,070	2,246	4,316	
Total Population Age 65+ <sup>a</sup>	159,165	214,701	373,866	62,620	85,996	148,616	606	856	1,462	
<b>Chronic Illness (2007)</b>										
<b>Chronic Obstructive Pulmonary Disease (COPD) <sup>a±</sup></b>										
% With COPD Age 35-64	5.4	4.6	5.0	8.3	7.2	7.8	8.9 (7.7-10.2)	6.6 (5.6-7.7)	7.7 (6.9-8.5)	1.54 H
% With COPD Age 65+	23.3	17.6	20.0	28.2	23.8	25.7	29.7 (26.1-33.3)	17.4 (14.9-19.9)	22.5 (20.4-24.6)	1.13 H
% With COPD Age-Adjusted †	9.3	8.1	8.7	12.3	11.4	11.8	13.3 (12.1-14.5)	9.4 (8.4-10.4)	11.3 (10.5-12.0)	1.30 H

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