

N35 – Westminster-Branson Profile: Adult Health and Disease

| Indicators | City of Toronto | | | Toronto Central LHIN | | | Westminster-Branson | | | |
|--|-----------------|---------|------------|----------------------|---------|------------|---------------------|------------------|---------------------|--------------|
| | Males | Females | Both sexes | Males | Females | Both sexes | Males (95% CI) | Females (95% CI) | Both sexes (95% CI) | Rate Ratio** |
| Demographics | | | | | | | | | | |
| Total Population Age 20-44 ^a | 506,292 | 540,690 | 1,046,982 | 233,936 | 246,266 | 480,202 | 4,764 | 5,119 | 9,883 | |
| Total Population Age 45-64 ^a | 333,668 | 352,666 | 686,334 | 148,346 | 150,677 | 299,023 | 3,418 | 3,796 | 7,214 | |
| Total Population Age 65+ ^a | 159,165 | 214,701 | 373,866 | 62,620 | 85,996 | 148,616 | 1,869 | 2,897 | 4,766 | |
| Chronic Illness (2007) | | | | | | | | | | |
| Diabetes ^{a±} | | | | | | | | | | |
| % With diabetes Age 20-44 | 2.7 | 2.6 | 2.7 | 2.3 | 2.1 | 2.2 | 2.4 (2.0-2.8) | 2.0 (1.6-2.4) | 2.2 (1.9-2.5) | 0.81 L |
| % With diabetes Age 45-64 | 14.4 | 11.9 | 13.1 | 11.7 | 9.8 | 10.7 | 13.1 (11.9-14.2) | 11.0 (10.0-12.0) | 12.0 (11.3-12.8) | 0.92 L |
| % With diabetes Age 65+ | 30.6 | 25.7 | 27.8 | 28.2 | 23.8 | 25.7 | 31.7 (29.6-33.8) | 26.8 (25.1-28.4) | 28.7 (27.4-30.0) | 1.03 NS |
| % With diabetes Age-Adjusted † | 11.1 | 10.0 | 10.5 | 9.1 | 8.4 | 9.0 | 10.7 (10.2-11.3) | 9.7 (9.2-10.2) | 10.2 (9.8-10.5) | 0.97 NS |
| Asthma ^{a±} | | | | | | | | | | |
| % With asthma Age 20-44 | 9.2 | 10.2 | 9.7 | 9.4 | 11.0 | 10.2 | 7.4 (6.6-8.1) | 6.7 (6.1-7.4) | 7.0 (6.5-7.5) | 0.72 L |
| % With asthma Age 45-64 | 8.1 | 12.3 | 10.2 | 8.3 | 12.8 | 10.6 | 5.4 (4.6-6.1) | 10.5 (9.5-11.5) | 8.1 (7.4-8.7) | 0.79 L |
| % With asthma Age-Adjusted † | 9.7 | 10.2 | 9.9 | 10.2 | 10.6 | 10.3 | 6.4 (5.9-6.9) | 8.2 (7.6-8.8) | 7.3 (6.9-7.7) | 0.74 L |
| High Blood Pressure ^{a±} | | | | | | | | | | |
| % With high blood pressure Age 20-44 | 5.0 | 3.8 | 4.4 | 4.6 | 3.3 | 3.9 | 4.3 (3.7-4.9) | 2.7 (2.2-3.1) | 3.5 (3.1-3.8) | 0.80 L |
| % With high blood pressure Age 45-64 | 27.8 | 27.7 | 27.7 | 25.2 | 24.6 | 24.9 | 26.9 (25.5-28.4) | 26.2 (24.8-27.6) | 26.5 (25.5-27.6) | 0.96 L |
| % With high blood pressure Age 65+ | 66.4 | 70.3 | 68.6 | 64.3 | 68.5 | 66.8 | 65.8 (63.7-68.0) | 71.8 (70.2-73.4) | 69.5 (68.1-70.8) | 1.01 NS |
| % With high blood pressure Age-Adjusted † | 22.4 | 24.3 | 23.4 | 19.9 | 21.6 | 20.8 | 21.8 (21.1-22.4) | 23.5 (22.9-24.1) | 22.7 (22.2-23.1) | 0.97 L |
| Mental Health ^{a±} | | | | | | | | | | |
| % With mental health visits Age 20-44 | 9.4 | 12.8 | 11.1 | 10.1 | 13.2 | 11.7 | 7.6 (6.8-8.4) | 10.9 (10.0-11.7) | 9.3 (8.7-9.9) | 0.84 L |
| % With mental health visits Age 45-64 | 12.2 | 16.4 | 14.3 | 13.4 | 17.5 | 15.5 | 11.5 (10.4-12.6) | 15.3 (14.2-16.5) | 13.5 (12.7-14.3) | 0.94 NS |
| % With mental health visits Age 65+ | 11.4 | 14.0 | 12.9 | 11.6 | 14.8 | 13.5 | 12.6 (11.1-14.1) | 15.1 (13.8-16.4) | 14.1 (13.1-15.1) | 1.09 H |
| % With mental health visits Age-Adjusted † | 10.6 | 14.2 | 12.5 | 11.4 | 14.9 | 13.2 | 9.7 (9.1-10.3) | 13.1 (12.5-13.7) | 11.5 (11.1-11.9) | 0.92 L |

CI Confidence Interval.

H / L / NS Chances are at least 19 in 20 that the rate is higher (H) or lower (L) than the City of Toronto rate ($p < 0.05$). Rates marked not significantly (NS) different do not reach this level of significance.

^a Denominator: Ontario Ministry of Health and Long-Term Care Registered Persons' Database, population with at least 1 health claim in the previous three years.

[±] Numerator: derived from validated, disease registries maintained by the [Institute for Clinical Evaluative Sciences \(ICES\)](#). Community Health Centre (CHC) visits and non-OHIP claims are not available. Mental health conditions are defined by the occurrence of a doctor's visit for a symptom related to mental health.

****** Rate ratios for both sexes were created by dividing the local area rate by the City of Toronto aggregate rate.

† Rates for City of Toronto and Toronto Central LHIN are used as a reference and are not age-adjusted.

For information about definitions, data quality & limitations, and selection & preparation of variables, please go to: <http://www.torontohealthprofiles.ca/aboutTheData.php>

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| | Males | Females | Both sexes | Males | Females | Both sexes | Males (95% CI) | Females (95% CI) | Both sexes (95% CI) | Rate Ratio** |
| Demographics | | | | | | | | | | |
| Total Population Age 35-64 ^a | 559,476 | 579,281 | 1,138,757 | 254,843 | 252,503 | 507,346 | 5,411 | 5,929 | 11,340 | |
| Total Population Age 65+ ^a | 159,165 | 214,701 | 373,866 | 62,620 | 85,996 | 148,616 | 1,869 | 2,897 | 4,766 | |
| Chronic Illness (2007) | | | | | | | | | | |
| Chronic Obstructive Pulmonary Disease (COPD) ^{a±} | | | | | | | | | | |
| % With COPD Age 35-64 | 5.4 | 4.6 | 5.0 | 8.3 | 7.2 | 7.8 | 4.2 (3.6-4.7) | 3.7 (3.2-4.2) | 3.9 (3.6-4.3) | 0.78 L |
| % With COPD Age 65+ | 23.3 | 17.6 | 20.0 | 28.2 | 23.8 | 25.7 | 19.0 (17.3-20.8) | 16.5 (15.1-17.9) | 17.5 (16.4-18.6) | 0.88 L |
| % With COPD Age-Adjusted † | 9.3 | 8.1 | 8.7 | 12.3 | 11.4 | 11.8 | 7.3 (6.7-7.9) | 7.0 (6.5-7.5) | 7.1 (6.8-7.5) | 0.82 L |

CI Confidence Interval.

H / L / NS Chances are at least 19 in 20 that the rate is higher (H) or lower (L) than the City of Toronto rate ($p < 0.05$). Rates marked not significantly (NS) different do not reach this level of significance.

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