

## N20 – Alderwood Profile: Adult Health and Disease

Indicators	City of Toronto			Toronto Central LHIN			Alderwood			
	Males	Females	Both sexes	Males	Females	Both sexes	Males (95% CI)	Females (95% CI)	Both sexes (95% CI)	Rate Ratio**
<b>Demographics</b>										
Total Population Age 20-44 <sup>a</sup>	506,292	540,690	1,046,982	233,936	246,266	480,202	2,051	1,999	4,050	
Total Population Age 45-64 <sup>a</sup>	333,668	352,666	686,334	148,346	150,677	299,023	1,759	1,760	3,519	
Total Population Age 65+ <sup>a</sup>	159,165	214,701	373,866	62,620	85,996	148,616	884	1,235	2,119	
<b>Chronic Illness (2007)</b>										
<b>Diabetes <sup>a±</sup></b>										
% With diabetes Age 20-44	2.7	2.6	2.7	2.3	2.1	2.2	2.7 (2.0-3.4)	2.3 (1.6-3.0)	2.5 (2.0-3.0)	0.93 NS
% With diabetes Age 45-64	14.4	11.9	13.1	11.7	9.8	10.7	12.5 (11.0-14.1)	9.1 (7.7-10.4)	10.8 (9.8-11.8)	0.82 L
% With diabetes Age 65+	30.6	25.7	27.8	28.2	23.8	25.7	30.8 (27.7-33.8)	23.5 (21.1-25.8)	26.5 (24.6-28.4)	0.95 NS
% With diabetes Age-Adjusted †	11.1	10.0	10.5	9.1	8.4	9.0	10.3 (9.5-11.0)	8.6 (7.9-9.3)	9.4 (8.9-9.9)	0.90 L
<b>Asthma <sup>a±</sup></b>										
% With asthma Age 20-44	9.2	10.2	9.7	9.4	11.0	10.2	10.4 (9.1-11.8)	13.9 (12.4-15.4)	12.1 (11.1-13.2)	1.25 H
% With asthma Age 45-64	8.1	12.3	10.2	8.3	12.8	10.6	7.8 (6.6-9.1)	12.3 (10.7-13.8)	10.1 (9.1-11.1)	0.99 NS
% With asthma Age-Adjusted †	9.7	10.2	9.9	10.2	10.6	10.3	9.4 (8.5-10.4)	13.3 (12.2-14.4)	11.4 (10.7-12.1)	1.15 H
<b>High Blood Pressure <sup>a±</sup></b>										
% With high blood pressure Age 20-44	5.0	3.8	4.4	4.6	3.3	3.9	6.2 (5.2-7.3)	4.5 (3.5-5.4)	5.4 (4.7-6.1)	1.23 H
% With high blood pressure Age 45-64	27.8	27.7	27.7	25.2	24.6	24.9	30.2 (28.1-32.4)	27.7 (25.6-29.8)	29.0 (27.5-30.5)	1.05 NS
% With high blood pressure Age 65+	66.4	70.3	68.6	64.3	68.5	66.8	70.6 (67.6-73.6)	73.4 (71.0-75.9)	72.3 (70.3-74.2)	1.05 H
% With high blood pressure Age-Adjusted †	22.4	24.3	23.4	19.9	21.6	20.8	24.3 (23.3-25.3)	25.3 (24.4-26.3)	24.8 (24.2-25.5)	1.06 H
<b>Mental Health <sup>a±</sup></b>										
% With mental health visits Age 20-44	9.4	12.8	11.1	10.1	13.2	11.7	10.7 (9.4-12.1)	13.7 (12.2-15.2)	12.2 (11.2-13.2)	1.10 H
% With mental health visits Age 45-64	12.2	16.4	14.3	13.4	17.5	15.5	14.0 (12.4-15.7)	18.1 (16.3-19.9)	16.1 (14.9-17.3)	1.13 H
% With mental health visits Age 65+	11.4	14.0	12.9	11.6	14.8	13.5	12.3 (10.2-14.5)	13.9 (12.0-15.9)	13.3 (11.8-14.7)	1.03 NS
% With mental health visits Age-Adjusted †	10.6	14.2	12.5	11.4	14.9	13.2	12.0 (11.1-13.0)	15.1 (14.1-16.1)	13.6 (12.9-14.3)	1.09 H

**CI** Confidence Interval.

**H / L / NS** Chances are at least 19 in 20 that the rate is higher (H) or lower (L) than the City of Toronto rate ( $p < 0.05$ ). Rates marked not significantly (NS) different do not reach this level of significance.

<sup>a</sup> Denominator: Ontario Ministry of Health and Long-Term Care Registered Persons' Database, population with at least 1 health claim in the previous three years.

<sup>±</sup> Numerator: derived from validated, disease registries maintained by the [Institute for Clinical Evaluative Sciences \(ICES\)](#). Community Health Centre (CHC) visits and non-OHIP claims are not available. Mental health conditions are defined by the occurrence of a doctor's visit for a symptom related to mental health.

**\*\*** Rate ratios for both sexes were created by dividing the local area rate by the City of Toronto aggregate rate.

**†** Rates for City of Toronto and Toronto Central LHIN are used as a reference and are not age-adjusted.

For information about definitions, data quality & limitations, and selection & preparation of variables, please go to: <http://www.torontohealthprofiles.ca/aboutTheData.php>

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<b>Demographics</b>										
Total Population Age 35-64 <sup>a</sup>	559,476	579,281	1,138,757	254,843	252,503	507,346	2,749	2,647	5,396	
Total Population Age 65+ <sup>a</sup>	159,165	214,701	373,866	62,620	85,996	148,616	884	1,235	2,119	
<b>Chronic Illness (2007)</b>										
<b>Chronic Obstructive Pulmonary Disease (COPD) <sup>a±</sup></b>										
% With COPD Age 35-64	5.4	4.6	5.0	8.3	7.2	7.8	6.3 (5.4-7.2)	5.1 (4.3-6.0)	5.7 (5.1-6.3)	1.14 H
% With COPD Age 65+	23.3	17.6	20.0	28.2	23.8	25.7	24.9 (22.0-27.7)	17.2 (15.1-19.3)	20.4 (18.7-22.1)	1.02 NS
% With COPD Age-Adjusted <sup>†</sup>	9.3	8.1	8.7	12.3	11.4	11.8	10.1 (9.2-11.0)	8.2 (7.4-9.0)	9.1 (8.5-9.7)	1.05 NS

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