# N136 – West Hill Profile: Adult Health and Disease

| Indicators | City of Toronto | | | Toronto Central LHIN | | | West Hill | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | Males | Females | Both sexes | Males | Females | Both sexes | Males (95% CI) | Females (95% CI) | Both sexes (95% CI) | Rate Ratio** |
| **Demographics** | | | | | | | | | | |
| Total Population Age 20-44 [a] | 506,292 | 540,690 | 1,046,982 | 233,936 | 246,266 | 480,202 | 4,645 | 5,052 | 9,697 | |
| Total Population Age 45-64 [a] | 333,668 | 352,666 | 686,334 | 148,346 | 150,677 | 299,023 | 3,478 | 3,784 | 7,262 | |
| Total Population Age 65+ [a] | 159,165 | 214,701 | 373,866 | 62,620 | 85,996 | 148,616 | 1,468 | 2,118 | 3,586 | |
| **Chronic Illness (2007)** | | | | | | | | | | |
| **Diabetes** [a±] | | | | | | | | | | |
| % With diabetes Age 20-44 | 2.7 | 2.6 | 2.7 | 2.3 | 2.1 | 2.2 | 3.7 (3.2-4.3) | 4.1 (3.6-4.6) | 3.9 (3.5-4.3) | 1.44 H |
| % With diabetes Age 45-64 | 14.4 | 11.9 | 13.1 | 11.7 | 9.8 | 10.7 | 19.9 (18.6-21.2) | 16.2 (15.1-17.4) | 18.0 (17.1-18.9) | 1.37 H |
| % With diabetes Age 65+ | 30.6 | 25.7 | 27.8 | 28.2 | 23.8 | 25.7 | 35.1 (32.6-37.5) | 28.0 (26.0-29.9) | 30.9 (29.4-32.4) | 1.11 H |
| % With diabetes Age-Adjusted † | 11.1 | 10.0 | 10.5 | 9.1 | 8.4 | 9.0 | 14.2 (13.5-14.8) | 12.6 (12.0-13.2) | 13.3 (12.9-13.8) | 1.27 H |
| **Asthma** [a±] | | | | | | | | | | |
| % With asthma Age 20-44 | 9.2 | 10.2 | 9.7 | 9.4 | 11.0 | 10.2 | 11.5 (10.6-12.4) | 13.9 (13.0-14.9) | 12.7 (12.1-13.4) | 1.31 H |
| % With asthma Age 45-64 | 8.1 | 12.3 | 10.2 | 8.3 | 12.8 | 10.6 | 9.4 (8.4-10.4) | 15.8 (14.6-16.9) | 12.7 (11.9-13.5) | 1.25 H |
| % With asthma Age-Adjusted † | 9.7 | 10.2 | 9.9 | 10.2 | 10.6 | 10.3 | 10.5 (9.8-11.1) | 14.6 (13.9-15.4) | 12.6 (12.1-13.1) | 1.27 H |
| **High Blood Pressure** [a±] | | | | | | | | | | |
| % With high blood pressure Age 20-44 | 5.0 | 3.8 | 4.4 | 4.6 | 3.3 | 3.9 | 7.0 (6.3-7.7) | 6.0 (5.4-6.7) | 6.5 (6.0-7.0) | 1.48 H |
| % With high blood pressure Age 45-64 | 27.8 | 27.7 | 27.7 | 25.2 | 24.6 | 24.9 | 33.1 (31.6-34.7) | 36.0 (34.5-37.5) | 34.6 (33.5-35.7) | 1.25 H |
| % With high blood pressure Age 65+ | 66.4 | 70.3 | 68.6 | 64.3 | 68.5 | 66.8 | 68.4 (66.0-70.8) | 72.6 (70.7-74.5) | 70.9 (69.4-72.3) | 1.03 H |
| % With high blood pressure Age-Adjusted † | 22.4 | 24.3 | 23.4 | 19.9 | 21.6 | 20.8 | 25.8 (25.0-26.5) | 28.5 (27.8-29.2) | 27.2 (26.7-27.7) | 1.16 H |
| **Mental Health** [a±] | | | | | | | | | | |
| % With mental health visits Age 20-44 | 9.4 | 12.8 | 11.1 | 10.1 | 13.2 | 11.7 | 10.4 (9.5-11.3) | 14.2 (13.2-15.2) | 12.4 (11.7-13.0) | 1.12 H |
| % With mental health visits Age 45-64 | 12.2 | 16.4 | 14.3 | 13.4 | 17.5 | 15.5 | 12.3 (11.2-13.4) | 16.8 (15.6-18.0) | 14.6 (13.8-15.5) | 1.02 NS |
| % With mental health visits Age 65+ | 11.4 | 14.0 | 12.9 | 11.6 | 14.8 | 13.5 | 10.8 (9.2-12.3) | 13.7 (12.3-15.2) | 12.5 (11.4-13.6) | 0.97 NS |
| % With mental health visits Age-Adjusted † | 10.6 | 14.2 | 12.5 | 11.4 | 14.9 | 13.2 | 11.1 (10.5-11.8) | 15.0 (14.3-15.6) | 13.2 (12.7-13.6) | 1.06 H |

**CI**  Confidence Interval.

**H / L / NS**  Chances are at least 19 in 20 that the rate is higher (H) or lower (L) than the City of Toronto rate (p < 0.05). Rates marked not significantly (NS) different do not reach this level of significance.

[a]  Denominator: Ontario Ministry of Health and Long-Term Care Registered Persons` Database, population with at least 1 health claim in the previous three years.

±  Numerator: derived from validated, disease registries maintained by the **Institute for Clinical Evaluative Sciences (ICES).**  Community Health Centre (CHC) visits and non-OHIP claims are not available. Mental health conditions are defined by the occurrence of a doctor`s visit for a symptom related to mental health.

**  Rate ratios for both sexes were created by dividing the local area rate by the City of Toronto aggregate rate.

†  Rates for City of Toronto and Toronto Central LHIN are used as a reference and are not age-adjusted.

For information about definitions, data quality & limitations, and selection & preparation of variables, please go to: **http://www.torontohealthprofiles.ca/aboutTheData.php**

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| | Males | Females | Both sexes | Males | Females | Both sexes | Males (95% CI) | Females (95% CI) | Both sexes (95% CI) | Rate Ratio** |
| **Demographics** | | | | | | | | | | |
| Total Population Age 35-64 [a] | 559,476 | 579,281 | 1,138,757 | 254,843 | 252,503 | 507,346 | 5,479 | 6,004 | 11,483 | |
| Total Population Age 65+ [a] | 159,165 | 214,701 | 373,866 | 62,620 | 85,996 | 148,616 | 1,468 | 2,118 | 3,586 | |
| **Chronic Illness (2007)** | | | | | | | | | | |
| **Chronic Obstructive Pulmonary Disease (COPD)** [a±] | | | | | | | | | | |
| % With COPD Age 35-64 | 5.4 | 4.6 | 5.0 | 8.3 | 7.2 | 7.8 | 7.3 (6.6-8.0) | 6.6 (6.0-7.2) | 6.9 (6.5-7.4) | 1.38 H |
| % With COPD Age 65+ | 23.3 | 17.6 | 20.0 | 28.2 | 23.8 | 25.7 | 22.3 (20.1-24.4) | 18.1 (16.4-19.7) | 19.8 (18.5-21.1) | 0.99 NS |
| % With COPD Age-Adjusted † | 9.3 | 8.1 | 8.7 | 12.3 | 11.4 | 11.8 | 10.4 (9.7-11.1) | 9.6 (9.0-10.3) | 10.0 (9.5-10.5) | 1.15 H |

**CI** Confidence Interval.

**H / L / NS** Chances are at least 19 in 20 that the rate is higher (H) or lower (L) than the City of Toronto rate (p < 0.05). Rates marked not significantly (NS) different do not reach this level of significance.

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